



International Women's Day (IWD)

Date: 7th March 2024 | Venue: Meghdoot Auditorium

Program

Team: Dr. Amita, Dr. Leena, Ms. Neelam, Dr. Ayantika, Dr. Shamal, Ms. Pradnya, Dr. Vrinda, Ms. Kalyani, Ms. Karthika, Dr. Nagalakshmi katru, Ms. Shrayasi, Ms. Arya, Ms. Yogita		
9:30-10:30	Yoga & Meditation Session Venue: Riturang	Ms. Neepa Jani from Art of Living
10:30-11:00	Tea Break (Meghdoot Auditorium) followed by Group Photo	
Team: Dr. Swapna, Ms. Mercy, Ms. Smrati, Ms. Renu, Ms. Shompa, Ms. Arya, Ms. Shrayasi, Ms. Pooja, Ms. Supriya, Ms. Shravani, Ms. Bhavana, Ms. Pradnya, Dr. Ranjeeta		
11:00-11:20	Opening ceremony	Welcome Address by Dr. Swapna Inviting Chief Guests to the dias Lightning lamp, Prayer song
	Inaugural Address by Director	Dr. R. Krishnan, Director, IITM
	Address by Chief Guest	Dr. Kamaljit Ray, Program Advisor, MoES
11:20-11:35	Introducing Inspire Inclusion	Dr. Thara Prabhakaran, IITM
11:35-11:55	Invited speech on Women, Health and Fitness	Dr. Ojaswini Valsangkar (Medical Officer, IITM)
11:55-12:15	Invited speech on Women in STEM: Breaking through the glass ceiling	Dr. Swati Dahadroy (SPPU, Pune)
12:15-12:35	Invited speech on Importance of Old Age Home	Dr. Aparna Deshmukh (Abhalmaya Old age Home, Pune)
12:35-12:40	Vote of thanks	Dr. Padmakumari B, IITM
Women Empowerment		
12:40-14:30	Food festival: by Self Help Group women entrepreneurs At- Meghdoot Basement	Team: Dr. Susmitha, Dr. Leena, Ms. Surabhi, Ms. Shravani, Ms. Arya, Ms. Yogita Ghode, Mr. Arindam, Ms. Ankita, Ms. Vishakha, Ms. Shompa, Dr. Priya P, Ms. Mercy
	NGOs: Disha Parivar, Abhalmaya, Tribe Chatari, Nandanvan, Mohor, Balkalyan Sanstha, Bamboo Tantra (Near Meghdoot reception area)	Team: Dr. Medha, Dr. Suvarna, Dr. Mujumdar, Ms. Vijaya, Mr. Mahesh Nikam, Mr. Ameya Datye, Ms. Yogita Kad, Ms. Shompa
14:30-16:00	Reflections At- Meghdoot Hall	Team: Ms. Mercy, Dr. Medha, Dr. Susmitha, Dr. Leena, Dr. Ayantika, Ms. Smrati, Dr. Vidya, Ms. Arya, Ms. Shravani, Ms. Shrayasi, Dr. Bhupendra
16:00-16:40	Inauguration of "<u>Outdoor Gym</u>" by Director IITM followed by Tea near Varahamihira Hall	
Team: Dr. Amita, Dr. Leena, Ms. Neelam, Dr. Ayantika, Dr. Shamal, Ms. Pradnya, Dr. Vrinda, Ms. Kalyani, Ms. Karthika, Ms. Shrayasi, Ms. Arya, Ms. Yogita		
16:45-17:45	Fun Fitness Activity Venue: Open-air next to Varahamihira Hall	Mr Chetan Agarwal (Renowned Fitness instructor)

